## Body Composition Analysis using DEXA Technology

Accurate measurement of body composition provides valuable information for assessing, monitoring and treating a variety of diseases and disorders.

Today's body composition measurement tools provide far more complete and precise information that can help support diagnoses and guide treatment. They can even help athletes make decisions on the training regimens they use to achieve the best performance. Body composition measurement can look beyond weight and the traditional body mass index (BMI) to determine body fat distribution.

The scan is fast and non-invasive. Scan time for the whole body is less than 2 minutes, and it's very low radiation (equivalent to approximately 1 day of background radiation a person would receive at sea level).

The report includes data for:

- Total Body Bone Mineral Density
- Total Body Fat,
- Total Lean Body Tissue
- Visceral Fat
- Android/Gynoid Fat



1 = VAT (Visceral Adipose Tissue) 2 = Subcutaneous tissue



## Call (941) 951-2100 to schedule an appointment



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